
Physical Activity Policy 4.206

The Background:

The Physical Activity Policy was adopted by the State Board of Education in 2005 and has not been updated since that time. Since 2005, there have been changes to laws, including the Coordinated School Health Expansion and Physical Activity Law in 2016 that restructured how physical activity is to be delivered in schools. There are also several data points throughout the policy that also have not been updated since 2005, this revision updates those data points to reflect currently available data. Several organizations listed in the original policy have changed names, and this revision brings those references up to date. Finally, resources that were out of date or no longer available were removed.

Below is a brief summary of the changes from first and final reading (page numbers refer to the version with tracked changes):

- **Page 2:** Removes references to Go Noodle, Fit Wizard, Take 10!, SPARK, Energizing Brain Breaks, Chair Yoga, and Active Academics as they are not considered non-structured physical activity.
- **Page 2-3:** Clarifies the use of “shall” for policy requirements and “should” for policy recommendations.

The Fiscal Analysis Impact:

T.C.A. § 49-1-212 requires that the Department of Education prepare a fiscal analysis of any policy, rule or regulation proposed to the State Board of Education. This item has no financial impact on an LEA.

The Recommendation:

The Department of Education recommends adoption of this item on final reading. The SBE staff concurs with this recommendation.