

# Tobacco Quit Aids

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**The state's prescription drug coverage provides free tobacco quit aids to members who want to stop using tobacco products.**

The following quit aids are **FREE** under the pharmacy benefit:

- Varenicline (generic Chantix)
- Bupropion (generic Zyban)
- Over-the-counter **generic** nicotine replacement products, including gum, patches and lozenges
- Nicotrol oral and nasal inhalers

Members may receive up to two, 12-week courses of treatment per calendar year (up to 168 days of treatment) with no lifetime maximum.

For members to obtain over-the-counter products at no cost, a prescription from their doctor is required. Quit aid prescriptions for 30-day supplies can be filled at participating network pharmacies, while 90-day supplies can be obtained at participating 90-day retail pharmacies or through Caremark mail order. To find a pharmacy near you, call Caremark at 877.522.8679 or log on to [info.caremark.com/stateoftn](http://info.caremark.com/stateoftn).