

Children & Youth Service Providers

A reference guide for judges and the courts seeking information about mental health, substance abuse, and co-occurring service providers for children and youth in the State of Tennessee.

For additional assistance, contact the System of Care TA Center at SOC.TACenter@tn.gov.

SUMNER COUNTY

PROVIDER: CENTERSTONE

PHONE NUMBER: (888) 291-HELP (4357)



INITIAL ASSESSMENT: Yes

WAIT TIME: Same Day/ Next Day

OUTCOME: Determines mental health and substance abuse diagnosis, social history, treatment recommendations

SERVICES OFFERED: Therapy/Counseling, Psychiatric Evaluation and Treatment, Intensive In-Home Treatment, Comprehensive Child and Family Therapy (CCFT), School-Based Therapy, Substance Use Treatment, Therapeutic Foster Care, Tennessee Health Link Care Coordination

EVIDENCE-BASED PRACTICES AVAILABLE: Cognitive Behavioral Therapy (CBT); Trauma-Focused Cognitive Behavioral Therapy (TF-CBT); Play Therapy; Eye Movement Desensitization and Reprocessing (EMDR); Dialectical Behavioral Therapy (DBT); Solution-Focused Therapy (SFBT); Motivational Interviewing (MI); Seeking Safety; Hazelden Co-Occurring Disorders Program; Integrated Dual Diagnosis Treatment (IDDT); Motivational Enhancement Therapy (MET); The Matrix Model (intensive alcohol & drug treatment for teens and young adults); Art Therapy; Circle of Courage (a positive youth development model); Making a Difference (teen pregnancy and HIV/STD prevention); Be Proud! Be Responsible! (youth empowerment & HIV reduction); Sexual Health and Adolescent Risk Prevention (SHARP); Keepin' it REAL (middle school substance use prevention)

PROVIDER: VOLUNTEER BEHAVIORAL HEALTH CARE SYSTEM

PHONE NUMBER: (877) 567-6051

INITIAL ASSESSMENT: Yes

WAIT TIME: Same Day/ Next day

OUTCOME: Determines mental health and substance abuse diagnosis, social history, treatment recommendations

SERVICES OFFERED: ADAT — DUI treatment, Addiction Recovery Program, Outpatient Therapy, Positive Action Prevention Program, Medication Management, Regional Intervention Program (RIP), Tele-health, Tennessee Health Link Care Coordination, School-Based Behavioral Health Liaison

EVIDENCE-BASED PRACTICES AVAILABLE: Cognitive Behavioral Therapy (CBT), Motivational Interviewing (MI)

PROVIDER: MENTAL HEALTH COOPERATIVE

PHONE NUMBER: (615) 230-9663

INITIAL ASSESSMENT: Yes

WAIT TIME: Same day assessment and walk-in availability

OUTCOME: Diagnosis, Social History, Treatment Recommendations

SERVICES OFFERED: TN Health Link Care Coordination, Medication Management, Therapy, Continuous Treatment Team (CTT), Child and Youth Continuous Treatment Team (C&Y CTT), Comprehensive Child and Family Treatment (CCFT)

EVIDENCE-BASED PRACTICES AVAILABLE: Zero Suicide Initiative (ZSI), Applied Suicide Intervention Skills Training (ASIST), Assessing and Managing Suicide Risk (AMSR), Columbia-Suicide Severity Rating Scale (C-SSRS), Motivational Interviewing (MI), Trans theoretical Model (Stages of Change), Cognitive Behavioral Therapy (CBT), Trauma-Focused CBT (TF-CBT), Dialectical Behavioral Therapy (DBT), Eye Movement Desensitization and Reprocessing (EMDR)

PROVIDER: YOUTH VILLAGES

PHONE NUMBER: (615) 250-7200

INITIAL ASSESSMENT: Yes

WAIT TIME: Immediate

OUTCOME: Social History, Treatment History, Treatment Recommendations, Family Counseling

SERVICES OFFERED: Intensive In-home Services, Case Management Services

EVIDENCE-BASED PRACTICES AVAILABLE: Collaborative Problem Solving (CPS), Trauma Focused Cognitive Behavior Therapy (TFCB-T), Adolescent Community Reinforcement Approach (ACRA)

PROVIDER: TENNESSEE VOICES (TNV)

PHONE NUMBER: (800) 670-9882

INITIAL ASSESSMENT: Yes

WAIT TIME: Varies daily, please call.

OUTCOME: Parent/Caregiver Peer Support, Resource Linkage, Safety Planning, and Treatment Recommendations

SERVICES OFFERED: Family Support Services, CCFT, Psychiatric Medication Management, Tele-health Therapy, Referral, Advocacy, Outreach, and Training

EVIDENCE-BASED PRACTICES AVAILABLE: Strengthening Families, Youth Screen, Statewide Family Support Network, Child Care Consultation, Juvenile Justice Reform, SOCAT, CBT, TF-CBT

PROVIDER: HEALTH CONNECT AMERICA

PHONE NUMBER: (931) 403-3577

INITIAL ASSESSMENT: 1-10 days

WAIT TIME: No wait time; contact attempted within 24 hours.

OUTCOME: Biopsychosocial assessment, diagnosis, treatment recommendations, therapeutic and case management services

SERVICES OFFERED: Intensive Outpatient Co-Occurring Substance Abuse and Mental Health Group for adults and adolescents, Comprehensive Child and Family Treatment (CCFT), Outpatient Therapy, Medication Management, Health Link

EVIDENCE-BASED PRACTICES AVAILABLE: Cognitive Behavioral Therapy (CBT), Rational Emotive Therapy (RET), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Homebuilders Model, Motivational Interviewing, Trust-Based Relational Intervention (TBRI)