

# Children & Youth Service Providers

A reference guide for judges and the courts seeking information about mental health, substance abuse, and co-occurring service providers for children and youth in the State of Tennessee.

For additional assistance, contact the System of Care TA Center at [SOC.TACenter@tn.gov](mailto:SOC.TACenter@tn.gov).

## HAMILTON COUNTY

**PROVIDER: CENTERSTONE**

**PHONE NUMBER:** (423) 499-1031; (888) 291-HELP (4357)



**INITIAL ASSESSMENT:** Yes

**WAIT TIME:** Same Day/ Next Day

**OUTCOME:** Determines mental health and substance abuse diagnosis, social history, treatment recommendations

**SERVICES OFFERED:** Therapy/Counseling, Psychiatric Evaluation and Treatment, Intensive In-Home Treatment, School-Based Therapy, Substance Abuse Treatment, Therapeutic Foster Care, Tennessee Health Link Care Coordination

**EVIDENCE-BASED PRACTICES AVAILABLE:** Cognitive Behavioral Therapy (CBT); Trauma-Focused Cognitive Behavioral Therapy (TF-CBT); Play Therapy; Solution-Focused Therapy (SFBT); Motivational Interviewing (MI); ; Art Therapy; Circle of Courage (a positive youth development model); Making a Difference (teen pregnancy and HIV/STD prevention); Be Proud! Be Responsible! (youth empowerment & HIV reduction); Sexual Health and Adolescent Risk Prevention (SHARP); Lead & Seed (substance use prevention); Say it Straight (high risk behavior prevention & wellness promotion); Safe in the City (STD/ HIV prevention)

## PROVIDER: CHEROKEE HEALTH SYSTEMS

**PHONE NUMBER:** (866) 231-4477

**INITIAL ASSESSMENT:** Yes

**WAIT TIME:** Varies daily, please call

**OUTCOME:** Determines mental health and substance abuse diagnosis, social history, treatment recommendations

**SERVICES OFFERED:** Fully Integrated Behavioral Health and Primary Care Clinic: Addictions Treatment, Outpatient Therapy, Medication Management, Tennessee Health Link Care Coordination

**EVIDENCE-BASED PRACTICES AVAILABLE:** Cognitive Behavioral Therapy (CBT); Trauma-Focused Cognitive Behavioral Therapy (TF-CBT); Motivational Interviewing (MI); Parent Child Interaction Therapy (PCIT)

## PROVIDER: OMNI COMMUNITY HEALTH

**PHONE NUMBER:** (423) 207-4712

**INITIAL ASSESSMENT:** Yes

**WAIT TIME:** Two Weeks

**OUTCOME:** Diagnosis, Social History, Treatment Recommendations, Family Counseling

**SERVICES OFFERED:** Intake and Assessment, Therapy, Medication Management (Tele psychiatry), Case Management, CCFT



The TN Reference Guide was developed by the Tennessee Department of Mental Health & Substance Abuse Services in partnership with the Administrative Office of the Courts, Tennessee Association of Mental Health Organizations, Tennessee Commission on Children and Youth, and Community Mental Health Providers.



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## **PROVIDER: MENTAL HEALTH COOPERATIVE**

**PHONE NUMBER:** (617) 851-9696

**INITIAL ASSESSMENT:** Yes

**WAIT TIME:** Same day assessment and walk-in availability

**OUTCOME:** Diagnosis, Social History, Treatment Recommendations

**SERVICES OFFERED:** TN Health Link Care Coordination, Medication Management, Therapy, Continuous Treatment Team (CTT), Child and Youth Continuous Treatment Team (C&Y CTT), Comprehensive Child and Family Treatment (CCFT)

**EVIDENCE-BASED PRACTICES AVAILABLE:** Zero Suicide Initiative (ZSI), Applied Suicide Intervention Skills Training (ASIST), Assessing and Managing Suicide Risk (AMSR), Columbia-Suicide Severity Rating Scale (C-SSRS), Motivational Interviewing (MI), Trans theoretical Model (Stages of Change), Cognitive Behavioral Therapy (CBT), Trauma-Focused CBT (TF-CBT), Dialectical Behavioral Therapy (DBT), Eye Movement Desensitization and Reprocessing (EMDR)

## **PROVIDER: THE MCNABB CENTER**

**PHONE NUMBER:** (423) 266-6751, (800) 255-9711 (Central)

**INITIAL ASSESSMENT:** Yes

**WAIT TIME:** Same Day/Next Day

**OUTCOME:** Determines mental health and substance abuse diagnosis, social history, treatment recommendations

**SERVICES OFFERED:** Mental Health Outpatient Services including Psychiatric Evaluations, Therapy, Medication Management, Co-occurring programming, Continuous Treatment Team (CTT), Specialized school based services, Project BASIC, Health Link Care Coordination, Care Coordination, Children and Youth Homeless Outreach services, Ontrack First Episode of Psychosis team.

**EVIDENCE-BASED PRACTICES AVAILABLE:** Cognitive Behavioral Therapy (CBT); Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Child Parent Psychotherapy (CPP), First Episode Psychosis Program (FEP); Eye Movement Desensitization and Reprocessing (EMDR); Nurturing Parenting

## **PROVIDER: YOUTH VILLAGES**

**PHONE NUMBER:** (423) 223-7782, (931) 542-8418

**INITIAL ASSESSMENT:** Yes

**WAIT TIME:** Immediate

**OUTCOME:** Social History, Treatment History, Treatment Recommendations, Family Counseling

**SERVICES OFFERED:** Intensive In-home Services, Case Management Services

**EVIDENCE-BASED PRACTICES AVAILABLE:** Collaborative Problem Solving (CPS), Trauma Focused Cognitive Behavior Therapy (TFCBT), Adolescent Community Reinforcement Approach (ACRA)

## **PROVIDER: CAMELOT CARE CENTERS**

**PHONE NUMBER:** (423) 942-1146

**INITIAL ASSESSMENT:** Yes

**WAIT TIME:** 24 hours for initial contact, 3 days to assessment based on family availability

**OUTCOME:** In home services based on needs identified on assessment. Therapy or medication management in the office setting. Address mental health, substance use, family conflict, and social determinants of health needs.

**SERVICES OFFERED:** Comprehensive Child and Family Therapy (CCFT), Tennessee Health Link (THL) Care Coordination, Substance Abuse Assessment, Mental Health Assessment, Individual, Family, and Couples Outpatient Therapy, Alcohol and Drug Outpatient Therapy, Medication Management, A-CRA, and A&D IOP services (to Bluecare and Amerigroup insurance clients). Telehealth options are available for all services.

**EVIDENCE-BASED PRACTICES AVAILABLE:** ACRA, Nurturing parenting, TFCBT

**PROVIDER: VOLUNTEER BEHAVIORAL HEALTH**

**PHONE NUMBER:** (877) 567-6051

**INITIAL ASSESSMENT:** Yes

**WAIT TIME:** Same Day/Next Day

**OUTCOME:** Determines mental health and substance abuse diagnosis, social history, treatment recommendations

**SERVICES OFFERED:** Addiction Recovery Program, Genoa Pharmacy, Healthy Transitions Program, Outpatient Therapy, Medication Management, Psychological Evaluations, Psychosexual Evaluations, Respite Affirm, Tele-health, Tennessee Health Link Care Coordination, System of Care Across Tennessee (SOCAT)

**EVIDENCE-BASED PRACTICES AVAILABLE:** CBT, Motivational Interviewing (MI), System of Care Across Tennessee (SOCAT), Positive Action Prevention Program

**PROVIDER: TENNESSEE VOICES (TNV)**

**PHONE NUMBER:** (800) 670-9882

**INITIAL ASSESSMENT:** Yes

**WAIT TIME:** Varies daily, please call.

**OUTCOME:** Parent/Caregiver Peer Support, Resource Linkage, Safety Planning, and Treatment Recommendations

**SERVICES OFFERED:** Family Support Services, Psychiatric Medication Management, Telehealth Therapy, Referral, Advocacy, Outreach, and Training

**EVIDENCE-BASED PRACTICES AVAILABLE:** Strengthening Families, Youth Screen, Statewide Family Support Network, Child Care Consultation, CBT, TF-CBT

**PROVIDER: HEALTH CONNECT AMERICA**

**PHONE NUMBER:** (423) 702-5508

**INITIAL ASSESSMENT:** 1-10 days

**WAIT TIME:** No wait time; contact attempted within 24 hours.

**OUTCOME:** Biopsychosocial assessment, diagnosis, treatment recommendations, therapeutic and case management services

**SERVICES OFFERED:** Intensive Outpatient Co-Occurring Substance Abuse and Mental Health Group for adults and adolescents, Comprehensive Child and Family Treatment (CCFT), Outpatient Therapy, Medication Management, Health Link

**EVIDENCE-BASED PRACTICES AVAILABLE:** Cognitive Behavioral Therapy (CBT), Rational Emotive Therapy (RET), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Homebuilders Model, Motivational Interviewing, Trust-Based Relational Intervention (TBRI)