

## **MEMBERS PRESENT**

Dr. Melanie Blake, Board of Medical Examiners, Chairperson  
Dr. Bhekumuzi Khumalo, Podiatry Board  
Dr. Robert Simpson, Board of Veterinary Medicine  
Dr. Linda Tharpe, Board of Optometry  
Mr. Mark Young, Board of Nursing  
Dr. Shant Garabedian, Osteopathic Board  
Mr. Robert Ellis, Board of Medical Examiners  
Dr. Adam Rodgers, Board of Pharmacy  
Mr. Brett Reeves, Committee on Physician Assistants

## **STAFF PRESENT**

Dr. D. Todd Bess, Director of Controlled Substance Monitoring Database  
Dr. Mitchell Mutter, Medical Director for Special Projects  
Mr. Andrew Coffman, Attorney, Office of General Counsel  
Ms. Debora Sanford, Clinical Application Coordinator  
Ms. Tracy Bacchus, Administrative Assistant  
Ms. Sonya Moten, Project Manager

## **MEMBERS ABSENT**

Dr. Thomas Williams, Board of Dentistry  
Vacant Public Member, Board of Pharmacy

The Controlled Substance Monitoring Database (CSMD) Committee convened on Monday, February 3, 2020, in the Iris Room, 665 Mainstream, Nashville, TN. Dr. Blake called the meeting to order at 9:00 a.m. and the members introduced themselves.

Dr. Blake communicated to the group that the meeting is live streaming so please make sure to speak into the microphone and make sure the green light is on to indicate microphone is active.

## **Minutes**

Dr. Blake asked had everyone read the minutes from the meeting on October 8, 2019, and if so could the committee have a motion to approve the minutes.

- Mr. Mark Young made the motion to accept the minutes from the October 8, 2019 committee meetings, and Dr. Shant Garabedian seconded the motion,
- Move by acclimation the minutes were approved

## **Office of General Counsel - Andrew Coffman**

- Reported prescribing cases for September 2019 through November 2019
  - Four BME cases
  - One Dentistry case
  - One Podiatric Medical Examiners
  - One Osteopathic Examination
  - Three Nursing cases

- One Pain Management Clinics case
- Updated the committee on the changes to the law that took place on January 1, 2020
  - For some health professions any educational licensure requirements could be met by showing technical or vocational training equal to the usually accepted required schoolwork
  - Transparency law related to insurance coverage
- Health care bills have been filed that are caption bills which opens TN statute
- Bill that would change the CSMD Committee quorum from seven to six
- Bill that would change the way the CSMD data is shared with other states
  - Right now the law prohibits sharing with the Department of Defense, Washington, DC, and Missouri, but this bill would address that challenge by allowing two way sharing
- Attorney fees be paid or calculated in disciplinary cases
- Bill that is a cure for a court of appeals case that a nurse practitioner was disciplined for not registering and having a supervisor that did not have a DEA registration
- Several medical marijuana bills will be active in this legislative session
- Licensing out of state professional that may not qualifying in our state
- Bill that would open TCA §63. Any person can practice those professions without the need for a license as long as there is a written agreement saying the person consented to have an architect design their house or engineer was not a license engineer. The individual would have to waive and consent to writing state laws
- Mr. Coffman said there are still questions about the CSMD rules, and he is still waiting on definitive definitions

#### **Office of Investigation – Brent Culberson**

- Introduced himself and will follow-up with his contact information
- Gave the committee an update on the process of hiring an Office of Investigation Director
- Asked the committee if they had any feedback or ideas please send them to him
- Thanked the committee for all that they do

#### **Budget Office – Butch Jack**

- Reported the numbers for the CSMD financials for the year that just closed June 30, 2019, and provided answers to questions from last meeting
- Salary and benefits
  - Staff change previously Debbie Sanford was paid for by STS Department and now Ms. Sanford is paid by the CSMD
- Travel there was not significant difference
- Maintenance and Repair
  - Renovation to a facility room was charged to the CSMD in error, but the charges of \$28,000 will be reversed back in FY2020
- Professional Services decrease is due to no longer using a temporary employee

- This cost will change as the CSMD will be utilizing in the month ahead another temporary employee
- Rental and insurance almost a \$2,000 increase for copier cost and car rentals
- There were several training and conferences the CSMD staff or others with approval from the CSMD Committee attended in FY2019 that the CSMD did not attend in FY2018
  - NACCME is for the Rx Opioid Summit
- Computer related items increase of \$133,000 was for cost related to Appriss and CSMD software
- STS has started to charge for storage of the CSMD data, and this is across all boards

### **Medical Director for Special Projects – Dr. Mitchell Mutter**

- Updated the committee on overdose deaths
- Lessons Learned via those that administer Naloxone
  - Naloxone shelf life is around 18 months
  - May require multiple doses
  - EMS experience
    - Emesis
    - Combative
- Co-Prescribing Naloxone
  - Introduction and Epidemiology
  - Risk Factors for outpatient setting only
  - Co-prescribing Naloxone
  - Options for Providing/Receiving Naloxone
  - Statewide Collaborative Pharmacy Practice Agreement
    - Healthcare Provider Education Per Tennessee Code Annotated § 63-1-152, evidence of the use of reasonable care shall include the receipt of training regarding how to administer naloxone, which can be achieved through the completion of the online overdose prevention education program offered by the Department of Health as evidenced by a certificate of completion
  - Patient Education
- Third Edition of the Chronic Pain Guidelines – Text revised with three new sections
  - Co-Prescribing of Naloxone
  - Emergency Room Prescribing
  - Dentistry Prescribing
- Dentistry Prescribing
  - Check the CSMD to determine if the patient has an existing prescription for the same diagnosis over the same period of time OR if the patient is currently taking any type of opioid?
  - If the use of an opioid is determined to be appropriate then limit the number of tablets dispensed for any opioid prescription.
  - If the patient returns complaining of unmanaged pain, and this is confirmed by history and clinical examination, then:
  - Reassess the accuracy of the diagnosis and/or source of the patient's pain/discuss alternatives

- If the patient returns after a second prescription for an opioid, advise the patient that no further prescriptions for an opioid will be issued without consulting with the patient's primary care provider
- Tennessee Emergency Department Opioid Prescribing Guidelines
  - Prescriber required to access patient for Substance Use Disorder
  - Prescriptions for opioid pain medication from the ED for acute injuries, such as fractured bones, in most cases should not exceed 3 days
    - Change was mandated by PC 1039

### **CSMD Director's Report – Dr. D. Todd Bess**

- Shared the 2020 University of Tennessee, College of Pharmacy Update Schedule with the committee:
  - Kingsport/January 25 & 26
  - Chattanooga/February 1 & 2
  - Franklin/February 29 & March 1
  - Murfreesboro/March 7 & 8
  - Knoxville/March 14 & 15
  - Jackson/April 4 & 5
  - Memphis/April 25 & 26
  - Tennessee Board of Pharmacy and CSMD Program will provide half day of a 2 day program at the above locations
- Tennessee is targeting the following states to share data:
  - Massachusetts
  - Wisconsin
- Gateway Electronic Health Record (EHR)/Pharmacy System Integration Project Update
  - Gateway Functionality was reviewed and approved by CSMD Committee at the July 2018 meeting (opportunity and proposal does not apply to any solution other than Gateway)
  - Proposal to Integrate Controlled Substance Monitoring Database (CSMD) searches and Clinical Risk Indicators (CRI) into EHRs and pharmacy systems was presented to and approved by the Boards in Fall of 2018.
  - This project will provide integration of the CSMD into clinical workflow.
  - TDH completed required contract amendment and the project is to start in 2020
- Presented the 2019 data for the 2020 Legislative Report
  - Number of individuals registered in the CSMD was 54,642
  - Ratio of the number prescriptions to the number of request was 1.3:1
  - Potential Doctor and Pharmacy Shoppers decreased to 89%
  - As of December 2019 the percentage of electronic prescriptions reported to the CSMD by pharmacies was 23%
  - Number of prescriptions dispensed and reported to TN CSMD has decreased by 11% for overall patients and TN patients
  - Benzodiazepines, such as alprazolam and diazepam, showed a 22% decrease in prescriptions from 2017 to 2019
  - Gabapentin has over 2 million prescriptions reported to the CSMD in 2019

- MME of Opioids Reported to TN CSMD, 2011-2019 has decreased by 17.6%
- MME for Long Acting Opioids for 2019 was 861,215,258 for All patients and 831,818,929 for TN patients which is a 28.6% decrease from 2018
- MME for Short Acting Opioids for 2019 was 3,438,870,781 for All patients and 3,331,205,043 for TN patients which is a 14.3% decrease from 2018
- CSMD Committee Dates for 2020;
  - April 7, 2020
  - June 23, 2020
  - October 6, 2020

The meeting adjourned at 10:27 a.m.